

Corvias[™] Community News

JULY 2013

FORT RUCKER

corviasmilitaryliving.com

COMMUNITY OFFICES

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CELEBRATE INDEPENDENCE DAY AT WIREGRASS FREEDOM FEST

Fort Rucker and communities across the Wiregrass are coming together to celebrate Independence Day with Freedom Fest July 5 from 4 to 10 p.m.

The event will be held at the Fort Rucker Festival Fields located on Andrews Avenue, near the Fort Rucker Physical Fitness Center. Prior to one of the area's largest fireworks show, which starts at 9 p.m., guests can enjoy displays, rides, children's inflatable zone and food and merchandise vendors.

Additional entertainment includes the 98th Army Silver Wings Band, a performance by special guest McKayla Reece, Disabled American Veterans ambassador and a fly over by the Red Thunder Air Show Team. Admission is free and the event is open to the public. Glass, pets, coolers and backpacks are prohibited. For details visit www.ftrucker.mwr.com.

NEIGHBORHOOD NOTES: RESIDENT REMINDERS FOR SUMMERTIME

Residents celebrating Independence Day at home are asked not to set off fireworks in neighborhoods. Grills and fire pits are prohibited from use on covered parking areas and patios. When in use or hot, grills and fire pits must be a minimum of 15 feet from any structure.

Boats, trailers, recreational vehicles and campers are prohibited from being parked in the neighborhoods. Residents may have these items in driveways during weekends and holidays from 6 p.m. the day prior to the weekend, or holiday, to 9 a.m. the first day following the weekend, or holiday. At other times these items may be stored at the installation storage facility on Hatch Road.

COMING OR GOING, WE GOT YOU COVERED



Is it time for a Permanent Change of Station? Corvias Military Living is partnered with the U.S. Army at six other installations. These include: Fort Bragg, N.C., Fort Riley, Kan., and Fort Polk, La. We would be honored to serve you again.

Just arriving? Welcome to Fort Rucker and Corvias Military Living. We offer award

winning customer service to the residents and neighborhoods of Fort Rucker.

Some advantages to living on post:

- Close to work, AAFES and MWR facilities
- Use of community center amenities
- Maintenance, lawn and pest services provided



Service Schedules

Corvias Military Living offers a variety of services to make your life easier.

Don't forget to check out www.corviasmilitaryliving.com for your trash, recycling, lawn care and other services.



CHILDPROOF YOUR HOME

When it comes to child safety, it is important to know the best practices for preventing injuries. Proper supervision is the best way to ensure the safety of children, but another helpful tool is childproofing. According to a study by the International Association for Child Safety in 2011, childproofing can reduce the risk of injury to little ones in the home by 70 percent.

One of the best ways to get started is crawling on the floor throughout the house and see the home from a child's perspective. Here are a few tips to con-

sider, when childproofing:

- Ensure all furniture is stable and secure, and that any breakable items are out of reach from children.
- Any household chemicals and poisons, such as cleaning supplies and medications, should be locked away in a cabinet or stored out of reach.
- Ensure sharp edges and corners are padded and sharp tools and utensils are kept away from a child's reach.
- Be sure to remove any choking hazards from reach, including: small toys, blind cords, plastic shopping bags, small batteries, buttons, etc.
- Utilizing safety gates and cabinet locks is the key in keeping children away from anything that could pose a risk.

Although these tips are a great starting point to childproofing, there are many other factors that could pose a risk. We encourage you to seek out more information on child safety. For more on this topic, visit www.safekids.org.



GETTING THE SKINNY ON SNAKES

Snakes are a component of Alabama's diverse wildlife. Approximately 50 species of snakes occur throughout the state. A few commonly encountered snakes around homes include the harmless black racer, garter snake and rat snake. The odds of encountering a venomous snake are much less, as only six species in Alabama are venomous.

There is much unfounded fear of death or injury with venomous snakes. Statistics compiled by the National Safety Council reveal that in 2004 six people died from contact with venomous snakes or lizards. Further investigation would likely reveal that some, if not all of the deaths from venomous snakes or lizards, resulted from the animals being handled or otherwise harassed by the victim.

When a snake is encountered there is no need to be alarmed, as almost all of the snake encounters in and around homes are harmless. For questions or concerns about snakes or other pests in and around homes contact your local community center.

GREEN CORNER

If you use the microwave to cook two meals each week, you will have enough energy to do what?

Run air conditioning for one hour.

LIVEARMYGREEN

STOP THE BULLYING!



Bullying occurs all around and has no barriers. It affects all races, genders and ages. It takes place in every city, state, community and school.

There are three types of bullying: verbal, social and physical bullying. Verbal bullying is saying or writing mean things. Social bullying, sometimes referred to as relational bullying, involves hurting someone's reputation or relationships; and physical bullying involves hurting a person's body or possessions. One of the most rapidly changing forms of bullying is in cyberspace, which occurs on social media sites, through text messages and on websites.

To help recognize if a person is affected by

bullying, below is a list of warnings signs.

- Fear, hopelessness, shame, depression, anxiety, sadness or anger
- Difficulties concentrating in school
- Unexplainable injuries
- Damaged clothing
- Isolating or withdrawing themselves from others
- Lashing at others

Education is key to help or prevent individuals who face this nationwide issue. Investigate your school's bullying policy and resources offered. For more information, visit: www.stopbullying.gov, www.bullyfree.com, www.GetNetWise.org, www.beatbullying.org or www.military-onesource.mil.

Upcoming Events

July 10, 3 to 4 p.m.

Birthday Club
Community Centers

July 11, 5 to 10 p.m.

ACS Family Bowling Night
Rucker Lanes, (334) 255-9277

July 12, 11 a.m. to noon

Freeze-Pop Friday
Poolside at Community Centers

July 25, 9 a.m.

Fort Rucker Job Fair
Enterprise HS, (334) 255-3949

Stay up-to-date with Fort Rucker's event calendar! Go to:
www.corviasmilitaryliving.com